

## MENU



MEALS OFFERED IN LEVEL 4 (PUREED), LEVEL 5 (MINCED & MOIST), & LEVEL 6 (SOFT & BITE-SIZED) OF INTERNATIONAL DYSPHAGIA DIET STANDARDIZATION INITIATIVE (IDDSI).

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## COMPLETE MEALS

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MEALS ARE PACKAGED IN THREE-COMPARTMENT TRAYS (TV-DINNER STYLE).  
ENTREE IS 4.5 OZ AND SIDES ARE 3 OZ EACH.

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### MEAT

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#### BREAKFAST

PANCAKES, EGGS, TURKEY SAUSAGE  
WAFFLE, TURKEY SAUSAGE, MIXED BERRIES

WESTERN OMELET, BREAKFAST SAUSAGE, &  
POTATO

#### LUNCH/DINNER

BEEF W/ BBQ SAUCE, CORN, BAKED BEANS  
CHICKEN ENCHILADA, BROCCOLI, CORN  
CHICKEN POT PIE, GREEN BEANS, MIXED BERRIES  
CHICKEN W/RICE, PEAS, BUTTERNUT SQUASH  
CHICKEN W/VEGETABLES, CARROTS, GREEN BEANS

MEATLOAF, BUTTERNUT SQUASH, PEACHES  
PORK W/VEG, SWEET POTATO, BAKED APPLE  
POT ROAST, CARROTS, GREEN BEANS  
TURKEY, BREAD STUFFING, CRANBERRIES

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## VEGETARIAN

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#### BREAKFAST

FRENCH TOAST, EGGS, PEARS

SCRAMBLED EGGS, POTATOES, FRUIT COCKTAIL  
PANCAKES, EGGS, BLUEBERRIES

#### LUNCH/DINNER

CHEESE RAVIOLI, BROCCOLI, CHERRIES  
MACARONI & CHEESE, BROCCOLI, CARROTS

PASTA ALFREDO, BROCCOLI, PEACH PIE  
VEGETABLE LASAGNA, CARROTS, GREEN BEANS

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### A LA CARTE

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MEATS ARE 4.5 OZ AND SIDES/BREAKFAST ITEMS ARE 3.5-4.0 OZ EACH.

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### BREAKFAST & MEAT

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BREAKFAST SAUSAGE  
CHEESE OMELET  
FRENCH TOAST  
PANCAKES  
SCRAMBLED EGGS  
TURKEY SAUSAGE  
WAFFLES

BBQ BEEF  
CHICKEN & DUMPLINGS  
CHICKEN ENCHILADA  
CHICKEN POT PIE  
CHICKEN W/RICE  
CHICKEN W/VEGETABLES  
MEATLOAF

PEPPER BEEF  
PORK W/VEGETABLES  
POT ROAST  
SEAFOOD CASSEROLE  
TURKEY  
TURKEY MEATLOAF

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### VEGETARIAN ENTREES

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MAC & CHEESE

PASTA MARINARA  
VEGETABLE LASAGNA

VEGETARIAN CHILI

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### VEGETABLES & SIDES

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BREAD STUFFING  
BROCCOLI  
BUTTERNUT SQUASH  
CARROTS

CORN  
GREEN BEANS  
MIXED VEGETABLES  
PEAS

POTATOES  
SPANISH RICE  
SWEET POTATO  
ZUCCHINI

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### FRUIT & DESSERTS

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APPLE PIE  
CHERRIES  
FRUIT COCKTAIL

MIXED BERRIES  
PEACHES

PEACH PIE  
PEARS  
PINEAPPLE