



A LA CARTE

A La Carte offered in Level 4 (Pureed), Level 5 (Minced and Moist), & Level 6 (Soft & Bite-sized) of International Dysphagia Diet Standardization Initiative (IDDSI).

Meats are 4.5 oz and Sides/Breakfast items are 3.5-4.0 oz each.

BREAKFAST & MEAT

CHEESE OMELET
SCRAMBLED EGGS
EGG CASSEROLE
WESTERN OMELET
TURKEY SAUSAGE
BREAKFAST SAUSAGE
FRENCH TOAST
WAFFLE
PANCAKES

CHICKEN W/VEGETABLES
CHICKEN POT PIE
CHICKEN ENCHILADA
CHICKEN & DUMPLINGS
CHICKEN W/RICE
PORK W/BBQ SAUCE
PORK W/VEGETABLES

BBQ BEEF
SEAFOOD CASSEROLE
TURKEY
TURKEY MEATLOAF
POT ROAST
MEATLOAF
PEPPER BEEF
BEEF LASAGNA

VEGETARIAN ENTREES & SIDES

BEETS
BROCCOLI
BUTTERNUT SQUASH
CARROTS
CAULIFLOWER
CORN
COLLARD GREENS
GREEN BEANS
MIXED VEGETABLES

BREAD STUFFING
PEAS
SPANISH RICE
SPINACH
SWEET POTATO
ZUCCHINI
POTATOES
REFRIED/BLACK BEANS
EGGPLANT W/VEGETABLES
EGGPLANT PARMESAN

PASTA W/ VEGETABLES
VEGETARIAN CHILI
TOFU W/VEGETABLES
TOFU, RICE, & VEGETABLES
CHEESE RAVIOLI
MAC & CHEESE
PASTA ALFREDO
PASTA MARINARA
VEGETABLE LASAGNA

FRUIT & DESSERTS

MANDARIN ORANGE
MIXED BERRIES
FRUIT COCKTAIL

APPLE PIE
PEACHES
PEACH PIE

CHERRIES
PEARS
PINEAPPLE