

MENU



MEALS OFFERED IN LEVEL 4 (PUREED), LEVEL 5 (MINCED & MOIST), & LEVEL 6 (SOFT & BITE-SIZED) OF INTERNATIONAL DYSPHAGIA DIET STANDARDIZATION INITIATIVE (IDDSI). RENAL OFFERED IN LEVEL 7 (REGULAR) ONLY.

COMPLETE MEALS

MEALS ARE PACKAGED IN THREE-COMPARTMENT TRAYS (TV-DINNER STYLE).
ENTREE IS 4.5 OZ AND SIDES ARE 3 OZ EACH.

MEAT

BREAKFAST

PANCAKES, TURKEY SAUSAGE, EGGS
WAFFLE, TURKEY SAUSAGE, MIXED BERRIES

WESTERN OMELET, BREAKFAST SAUSAGE, &
POTATO

LUNCH/DINNER

BEEF W/ BBQ SAUCE, CORN, BAKED BEANS
CHICKEN & DUMPLINGS, SQUASH, PEACH PIE
CHICKEN ENCHILADA, BROCCOLI, CORN
CHICKEN POT PIE, GREEN BEANS, MIXED BERRIES
CHICKEN W/RICE, PEAS, BUTTERNUT SQUASH
CHICKEN W/VEGETABLES, CARROTS, GREEN BEANS

MEATLOAF, BUTTERNUT SQUASH, PEACHES
PORK W/BBQ SAUCE, BAKED POTATO, CARROTS
PORK W/VEG, SWEET POTATO, BAKED APPLE
POT ROAST, CARROTS, GREEN BEANS
SEAFOOD CASSEROLE, BROCCOLI, CHERRIES
TURKEY, BREAD STUFFING, CRANBERRIES

VEGETARIAN

BREAKFAST

FRENCH TOAST, EGGS, PEARS
FRENCH TOAST, EGGS, MIXED BERRIES

SCRAMBLED EGGS, POTATOES, FRUIT COCKTAIL
PANCAKES, EGGS, BLUEBERRIES

LUNCH/DINNER

CHEESE RAVIOLI, BROCCOLI, CHERRIES
MACARONI & CHEESE, BROCCOLI, CARROTS

PASTA ALFREDO, BROCCOLI, PEACH PIE
VEGETABLE LASAGNA, CARROTS, GREEN BEANS

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A LA CARTE

MEATS ARE 4.5 OZ AND SIDES/BREAKFAST ITEMS ARE 3.5-4.0 OZ EACH.

BREAKFAST & MEAT

BREAKFAST SAUSAGE
CHEESE OMELET
FRENCH TOAST
PANCAKES
SCRAMBLED EGGS
TURKEY SAUSAGE
WAFFLES

BBQ BEEF
CHICKEN & DUMPLINGS
CHICKEN ENCHILADA
CHICKEN POT PIE
CHICKEN W/RICE
CHICKEN W/VEGETABLES
MEATLOAF

PEPPER BEEF
PORK W/BBQ SAUCE
PORK W/VEGETABLES
POT ROAST
SEAFOOD CASSEROLE
TURKEY
TURKEY MEATLOAF

VEGETARIAN ENTREES

CHEESE RAVIOLI
MAC & CHEESE

PASTA MARINARA
TOFU, RICE & VEGETABLES

VEGETABLE LASAGNA
VEGETARIAN CHILI

VEGETABLES & SIDES

BREAD STUFFING
BROCCOLI
BUTTERNUT SQUASH
CARROTS
CAULIFLOWER

CORN
GREEN BEANS
MIXED VEGETABLES
PEAS
POTATOES

REFRIED BLACK BEANS
SPANISH RICE
SWEET POTATO
ZUCCHINI

FRUIT & DESSERTS

APPLE PIE
CHERRIES
FRUIT COCKTAIL

MIXED BERRIES
PEACHES

PEACH PIE
PEARS
PINEAPPLE



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RENAL MENU

MEALS ARE PACKAGED IN THREE-COMPARTMENT TRAYS (TV-DINNER STYLE).
ENTREE IS 3.0-4.0 OZ AND SIDES ARE 3 OZ EACH.

POT ROAST, ROTINI PASTA, GREEN BEANS

MEATLOAF W/GRAVY, WHITE RICE, GREEN BEANS

CHICKEN W/GRAVY, WHITE RICE, CARROTS

TURKEY W/GRAVY, ROTINI PASTA, CARROTS & PEAS